

Assumption Catholic



Elementary School

February 2025

Kindergarten Registration Open House!!!

February 6th 9:30 am - 6:00 pm

Children turning 4 years old by December 31st 2025

In order to finalize your child's registration, you will need the following (original) documentation:

- Proof of child's Legal Name (Birth Certificate, Birth Registration Form)
- Proof of your child's age (Birth Certificate, Birth Registration Form, Baptismal) Certificate, Passport)
- Proof of full address (e.g. bank statement, utility bill, or similar documentation). In rural areas please include your RR, lot and concession numbers
- Your child's citizenship or landed immigrant papers
- Any relevant custody order documents

Parents can register a child for school at Niagara Catholic online at any time of the year. Begin the process by creating an account in our online registration portal. Once you have created your account, follow the registration steps to register online.



Family Day Long Weekend February 14th - February 17th



Valentine's Candy Grams

Student council class will be selling Candy Grams for .50 cents each!

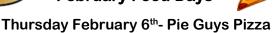








February Food Days



Friday February 7th -Submission Sub

Thursday February 13th – Valentino's Pasta

Friday February 21st – Swiss Chalet

Friday February 28th – Pie Guys Pizza

Kids Helping Kids

Please make your donation through the Kids Helping Kids link at School Cash Online

Niagara Catholic's 27th Annual Kids Helping Kids fundraiser will take place from February 10-21, 2025.

This year's event will jointly support the Niagara Children's Centre, as well as the Niagara Foundation for Catholic Education.

Kids Helping Kids is a fun, informal fundraiser, which supports these causes through paid participation in events such as Jersey Day, Hat Day and Creative Hair Day.

Donations to the Kids Helping Kids fundraiser can be made in School Cash Online.

For further information about the Niagara Foundation for Catholic Education, please contact Jim Marino, at 905.735.0240 ext. 210 or jim.marino@nfce.org.

To find more about the Niagara Children's Centre, please visit their website: niagarachildrenscentre.com

Assumption Thunderhawks Events

Monday February 10th—Thursday February 13th, 2025

Monday February 10th — Jersey Day

Tuesday February 11th — Creative Hair/ Hat Day

Wednesday February 12th — P.J. Day

Thursday February 13th — Red, Pink & White Day / Cozy Sweater Day

lessage from St. Alfred's Church

Unpack the Christian faith together TRY ALPHA

Meet new people explore the Christian faith together. Alpha is for anyone who's curious. No judgement, no pressure. Each session unpacks a big question of life, faith, and purpose, and is designed to spark conversation. Come along, see what you think.

Starting Wednesday February 5th at 6:00 p.m. In the St. Mark room Dinner will be provided To register call the office 905-934-9703 or email d.conidi@hotmail.com

Children's choir

Our kids choir is resuming for February to Easter Practices will be held Thursdays 5:30-6:15 in the church, first practice is Thursday February 6th. Grades 3-8 All new and returning must complete registration. Register at the link below https://forms.gle/3iwaJZpVaupnaozJ6 or call/text 905-328-1944

Thanks

Diana Conidi

Fun **Things** Have Been Happening Here At





Niagara Region Public Health Dental Program will be offering dental screening to grades JK, SK, 2, 4 and 7 on **February 5**, **2025**.

A registered dental hygienist will take a quick look in the child's mouth using a sterilized

dental mirror and light.

The <u>Healthy Smiles Ontario</u> program may financially assist children who do not have access to dental care.

If you do not want your child(ren) to take part in the dental screening, you MUST complete the online <u>School Dental Screening Opt-Out Form</u> or call the Dental Health Line at 905-688-8248 or 1-888-505-6074 ext. 7399 each school year.

If your child(ren) is not in one of the grades listed above, they may have the opportunity to participate in the dental screening. If you would like your child to be screened, please complete the School Dental Opt-In Form.









Niagara Region Public Health School Health Newsletter February 2025

Welcome to Kindergarten!

Do you have a little one starting Kindergarten?



Public Health works in partnership with teachers, support staff, students, and parents to build a healthier school community.

Check out our <u>School Health webpage</u> for some important links and supports:

- Childhood illnesses and diseases of public health significance
- Non-reportable illnesses and exclusion periods
- Dental Screening
- School-aged vaccines
 - Parents and legal guardians of junior and senior kindergarten registrants and students new to Ontario are asked to report their vaccinations to <u>Public</u> Health.

Is your child due for vaccines?

Go to <u>Immunization Connect</u> to review your child's immunization history and check the **Immunizations**Needed section for missing vaccines.

If your child is missing any vaccines, book an appointment to get them vaccinated. Vaccines are available at healthcare providers' offices, walk-in clinics or Public Health vaccination clinics.

Bring your yellow card or immunization record print out
from Immunization Connect (ICON) to each vaccine visit. This will help you and your health care provider keep an up-to-date record of which vaccines have been received.

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Contacting your healthcare provider

Visiting a Public Health clinic

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It's not too late to vaccinate.

Catch-up on missed vaccine

Can't find any immunization records? Here are some tips to help you.

- Previous healthcare providers will keep records for a limited time. Also check with local health units, your pharmacist, and any urgent care clinics, as well as hospital emergency departments.
- At home Close family members such as parents or guardians may have copies of your childhood immunizations in old papers, including baby books and school or camp forms.





- Schools, colleges, universities or other post-secondary institutions may still have records for you or your child.
- Previous employers, including the military, may still have records from your employment.

If your family is having trouble with locating or transferring immunization records, please contact the Vaccine Team and a nurse will discuss what needs to be done. Translation services are also provided.

Eating Disorders Awareness Week

From February 1st to 7th 2025 join, National Eating Disorder Information Centre (NEDIC) and eating disorder groups nationwide that come together to observe Eating Disorder Awareness Week. This dedicated week of action aims to educate the public about eating disorders, raising awareness of their impact, dispelling harmful stereotypes and myths, and highlighting available support for those living with or affected by these disorders.

Discover the support services provided by the National Eating Disorder Information Centre for <u>parents and caregivers</u>. Below are some resources worth exploring:

- Niagara Region x National Eating Disorder Information Centre "Transform the Narrative" Livestream
- A Parents' and Caregivers' Guide to Supporting Youth with Eating Disorders
- · A Guide to Discussing Your Concerns with Your Child's Primary Care Provider
- Coping Strategies for Families and Partners of an Individual Living With an Eating
 Disorder

Family Day



Family Day is coming up on **Monday**, February 17th and it's a great chance to spend time with loved ones Whether it's starting a new tradition like a family hike, playing outdoors, trying a nutritious recipe, or enjoying a fun board game together, this Family Day can be all about building lasting memories and promoting a healthy lifestyle.

To support you in making Family Day a meaningful occasion, we invite you to explore local programs and events to make the most of the day and keep your family active, engaged, and healthy!





- Explore an EarlyON centre, providing free, high-quality drop-in programs for children from birth to six years of age. Click <u>here</u> to access their family day calendar!
- The local Performing Arts Centre has a full day of exciting events for all ages.
 Check out their <u>schedule</u> and enjoy a variety of activities happening throughout the day.
- Visit the Merriton Community Centre on February 15th for their annual Family Fun Day
- Find a new adventure spot in a regional walking or hiking trail
- Check your <u>local public library</u> for free family day activities

